

# 1<sup>st</sup> EUROPEAN ROMA FOCUS MEETING

## gynecology & obstetrics: best outpatient practice



Rome January 22-25 2014  
Angelicum Congress Center



[www.romafocusmeeting.it](http://www.romafocusmeeting.it)

 Ginecologia Ed Ostetricia

 @InfoGinecologia



## Dear Colleague,

as you know, during our daily practice we face clinical questions, which often are difficult to solve. There are cases in which making a decision is controversial, particularly in an outpatient setting.

The purpose of this conference is to meet the specialist needs, trying to find an answer to questions that arise in our daily clinical practice, offering insights on hot topics. All invited speakers are experts in their field, with recognized teaching skills.

Each presentation will be judged in real time by congress attendees, for quality, completeness and clarity of exposition.

After each session a workshop on clinical cases will be held and congress attendees will have the opportunity to participate in an interactive manner in problems solving, encouraging the exchange of knowledge and experiences between colleagues.

We are confident that this innovative approach to communication and scientific update will be appreciated and constructive. Our goal is to give scientifically validated and useful information in order to follow the best practice in our daily activity, meeting international guidelines and recommendations.

In order to achieve this there will also be interactive sessions between participants and the most accredited opinion leaders in the industry, with the aim to create a friendly environment.

*Pierluigi Benedetti Panici*

*Gian Carlo Di Renzo*

*Sergio Pecorelli*

*Vincenzo Scotto di Palumbo*





## News and Updates

- Technology and computer science in gynecology and obstetrics
- Sexuality in pregnancy and puerperium
- Sexuality in menopause
- HRT in elderly
- Wellness and fitness in pregnancy
- Wellness and fitness in menopause
- HPV: new indications to vaccination
- Preservation of fertility
- Treatment of infertility
- Updates in the treatment of fibroids and AUB
- Tips and tricks for the treatment of persistent vulvovaginitis
- Sex hormones are neuroprotective?
- Nutrition in pregnancy
- Cosmetology in obstetrics
- Cosmetology and plastic surgery in gynecology
- Updates in endometriosis
- Updates in HRT
- Updates in contraception
- Updates in chronic pelvic pain

## Main Topics

- Guidelines in obstetrics and gynecology
- Cochrane reviews in obstetrics and gynecology
- Best practice
- Contraception
- Dysfunction of the pelvic floor
- Chronic pelvic pain
- Ultrasound: gynecology, obstetrics, 3D
- Endometriosis: management and treatment
- Gynecological endoscopy
- HPV
- Infections in gynecology
- Infections in obstetrics
- Menopause
- Treatment of preterm birth / abortion
- Osteoporosis
- Poliabortivity
- Pre-pregnancy screening
- Stem cells in obstetrics and gynecology
- Laser and radiofrequency
- Sexual disorders



# Guidelines Cochrane Reviews Evidence Based Medicine



## Program at-a-glance

Time	Wednesday January 22 2014	Thursday January 23 2014
08.00-08.30		Registration
08.30-09.00		
09.00-09.30		Session 1 Chronic pelvic pain and endometriosis
09.30-10.00		
10.00-10.30		
10.30-11.00		
11.00-11.30		Coffee break
11.30-12.00		Plenary lecture PID update
12.00-12.30		Session 2 Sexually transmitted diseases
12.30-13.00		Registration
13.00-14.00		
14.00-14.30	Pre-Congress Courses  • Office hysteroscopy  • Ultrasound in gynecology: hot topics	Plenary lecture Contraception and sexuality
14.30-15.30		Session 3 Contraception
15.30-16.00		Coffee break
16.00-16.30		
16.30-17.00		Plenary lecture New therapies for uterine fibroids management
17.00-17.30		Session 4 Gynecological endocrinology
17.30-18.00		Plenary lecture Updates in translational medicine
18.00-18.30		
18.30-19.00		
19.00-19.30		



Friday January 24 2014	Saturday January 25 2014
<b>Selected free communications</b>	<b>Selected free communications</b>
<b>Session 5 Menopause</b>	<b>Session 9 Oncology</b>
<b>Plenary lecture Hormonal therapy update</b>	<b>Plenary lecture Update in gynecologic oncology treatment</b>
<b>Coffee break</b>	<b>Coffee break</b>
<b>Session 6 Obstetrics 1</b>	<b>Plenary lecture The gynecological office in the XXI century</b>
<b>Lunch session Sexual male and female dysfunction</b>	<b>Session 10 Clinical sexology</b>
<b>Plenary lecture Pleasure and happiness</b>	<b>Lunch</b>
<b>Session 7 Obstetrics 2</b>	<b>Innovation in contraception: full-immersion course on the subcutaneous implant</b>
<b>Coffee break</b>	<b>Post-Congress Courses</b>  • <b>Reproductive medicine</b> • <b>Breast care</b> • <b>Menopause</b>
<b>Plenary lecture Prenatal diagnosis is not invasive anymore</b>	
<b>Session 8 Diagnostic gynecology</b>	
<b>Tricky cases: mentor's experience</b>	



**08.00** Registration

**08.45** Opening remarks

## **Session 1**

### **Chronic pelvic pain and endometriosis**

Chairmen: P. Benedetti Panici, M. Moscarini

**09.00** Chronic pelvic pain: diagnosis and management *F. Ghezzi*

**09.20** Endometriosis: what's new in medical therapy *F. Petraglia*

**09.40** Endometriosis: when and which surgery *J. Donnez*

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**10.00** Discussion and clinical cases *L. Muzii, M. G. Porpora*

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**10.30** Coffee break

**11.00** Plenary lecture

**PID update** *S. Guaschino*

## **Session 2**

### **Sexually transmitted diseases**

Chairmen: D. Caserta, G. Carta, S. Guaschino

**11.30** New emergencies *S. Pecorelli*

**11.50** STD and adolescence *S. Arbel Alon*

**12.10** Recurrent vaginosis/vaginitis *F. De Seta*

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**12.30** Discussion and clinical cases *R. Angioli, F. Petraglia*

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**13.00** Lunch session:

**Update on laser therapy: vaginal rejuvenation**

Chairmen: A. Perino, V. Scotto di Palumbo

Microscopic and ultrastructural findings after CO<sub>2</sub> laser *A. Calligaro*

Clinical experience with microablative, fractionated, vaginal photo-rejuvenation *S. Salvatore*

Fractionated CO<sub>2</sub> laser treatment in oncologic patients *A. Perino*

#### 14.00 Plenary lecture

**Contraception and sexuality** *J. Bitzer*

### Session 3 Contraception

Chairmen: C. Bastianelli, F. M. Primiero

14.30 Hormonal contraception: is there a real progress *C. Benedetto*

14.50 Long acting reversible contraceptives *C. Bastianelli*

15.10 Emergency contraception *A. Cagnacci*

15.30 The soft option in contraception *F. Fruzzetti*

15.50 The new dimension of contraception *G. Capobianco*

16.10 **Coffee break**

#### 16.30 Plenary lecture

**New therapies for uterine fibroids management** *J. Donnez*

### Session 4 Gynecological endocrinology

Chairmen: E. Piccione, P. Saccucci

17.00 Thyroid disorders in women *A. Fabbri*

17.20 Perimenopause *R. Angioli*

17.40 Management of AUB *L. Muzii*

18.00 **Discussion** *R. Tripodi*

18.10 **Updates in translational medicine** *E. Galun*

19.00 **Visita Musei Capitolini**





**08.00 Selected free communications**

**Session 5  
Menopause**

Chairmen: V. Scotto di Palumbo, R. Tripodi

- 08.30** Osteoporosis management *M. Gambacciani*  
**08.50** Are sex hormones neuroprotective? *A. R. Genazzani*  
**09.10** Urogynecological dysfunction: local therapy *R. E. Nappi*  
**09.30** HRT and cardiovascular issues *T. Boni*

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**09.50 Discussion**

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**10.30 Plenary lecture**

**Hormonal therapy update** *A. R. Genazzani*

**11.00 Coffee break**

**Session 6  
Obstetrics 1**

Chairmen: P. Greco, N. Rizzo

- 11.20** Preterm birth prevention today *K. Nicolaidis*  
**11.40** Diabetes and hypertension: prediction and prevention *A. Caruso*  
**12.00** Threatened preterm labour: management *A. Shennan*  
**12.20** Update on GBS infection intrapartum *G. C. Di Renzo*

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**12.40 Discussion and clinical cases** *R. Brunelli, R. Di Iorio*

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**13.00 Lunch session:  
Sexual male and female dysfunction**

Chairman: V. Gentile

Classification and epidemiology of male disorders *F. Fusco*





Therapy of erectile dysfunction and early ejaculation *V. Gentile*  
Female sexual health: how to approach the patient *A. Graziottin*

**14.00 Plenary lecture**

**Pleasure and happiness** *F. Compagnoni*

**Session 7  
Obstetrics 2**

Chairmen: M. Bonito, R. Corosu, M. Liberati

**14.30** Probiotics in pregnancy *E. Ferrazzi*

**14.50** Early and late growth restriction *N. Rizzo*

**15.10** Management of pregnancy at term *F. Gotsch*

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**15.30 Discussion**

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**16.00 Coffee break**

**16.30 Plenary lecture**

**Prenatal diagnosis is not invasive anymore** *K. Nicolaides*

**Session 8  
Diagnostic gynecology**

Chairmen: C. De Carolis, F. Maneschi

**17.00** What can 3D sonography really add to 2D in gynecology *C. Exacoustos*

**17.20** Outpatient endoscopic procedures: indications, reliability and limits  
*G. Baiocchi*

**17.40** Minimal requirement for obstetrical sonography *G. Rizzo*

**18.00 Tricky cases: mentor's experience**

*G. Benagiano, G. B. Massi, L. Mettler, J. Schenker*



**08.00 Selected free communications**

**Session 9  
Oncology**

Chairmen: P. Benedetti Panici, V. Scotto di Palumbo

**08.30** Screening in gynecology *I. Palaia*

**08.50** HPV and P16 *S. Costa*

**09.10** Management of pre-malignant vulvar lesions *M. Sideri*

**09.30** Update in ovarian cancer treatment *D. Lorusso*

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**09.50 Discussion**

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**10.00 Plenary lecture**

Update in gynecological oncology treatment *D. Querleu*

**10 .30 Coffee break**

**11.00 Plenary lecture**

The gynecological office in the XXI century *A. E. Tozzi*



## **Session 10 Clinical sexology**

Chairmen: P. F. Di Roberto, M. G. Salerno

- 11.30** Vulvodynia *P. Benedetti Panici*
- 11.50** Therapeutic strategies of female sexual dysfunction *S. Palacios*
- 12.10** Female sexual disorders: anorgasmia *R. E. Nappi*
- 12.30** Cosmetics in gynecology and obstetrics *P. Ciolli*

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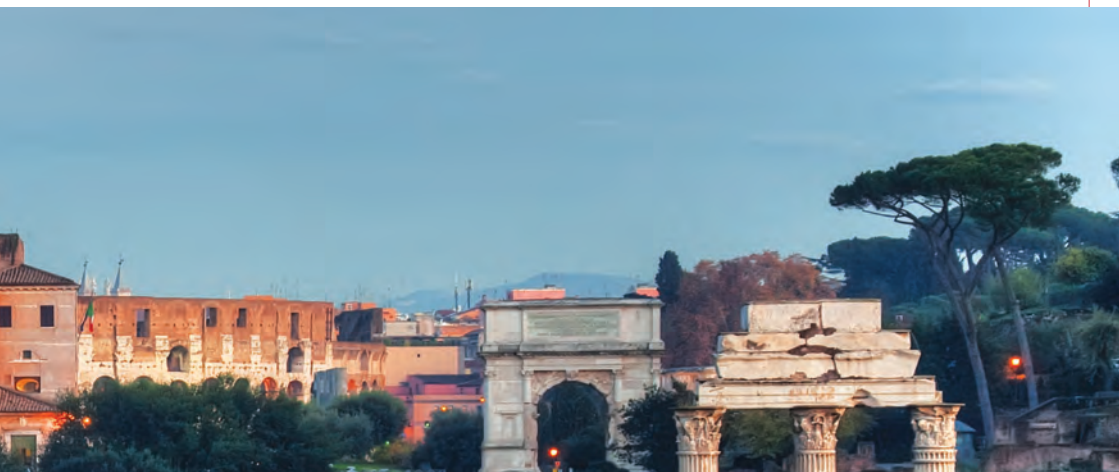
### **12.50 Discussion**

### **13.00 Closing remarks**

Learning Questionnaire for ECM italian credits

### **Lunch**

- 13.30 Innovation in contraception: full-immersion course on the subcutaneous implant** *C. Bastianelli, M. Farris*





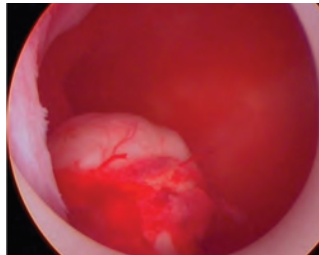
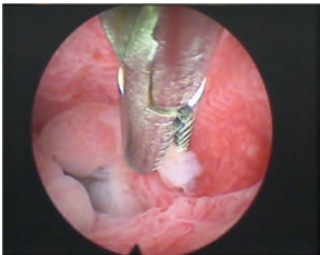
## Pre-Congress Courses

### Office hysteroscopy

The lectures will cover the main aspects of modern hysteroscopy, from diagnostic to office-procedures, to major operative procedures in the operating theater. The hands-on sessions will enable the participants to practice on models with the latest technology and instruments.

Chairmen: T. Boni, B. Cinque

- 14.00** Indications *A. Di Spiezio Sardo*
- 14.30** Limits *L. Muzii*
- 15.00** Complications: diagnosis and management *M. Monti*
- 15.30** Hysteroscopy in the XXI century *S. Bettocchi*
- 16.00** **Coffee break**
- 16.30** AUB diagnosis and treatment *E. Zupi*
- 17.00** Office hysteroscopy: definition between laws, regulations and DRG  
*M. Guida*
- 17.30** New indication for hysteroscopy: isthmocoele *G. Raimondo*
- 18.00** Instruments: which innovations *G. Bonoldi*
- 18.30** Hands-on
- 19.30** **Conclusions**



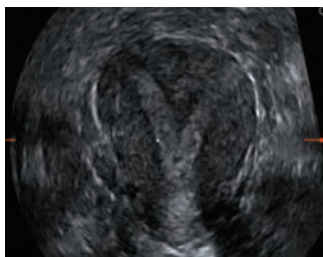


## Ultrasound in gynecology: hot topics

This Course will cover all current aspects of ultrasonography in gynecology, from the use of contrast media for the evaluation of tubal patency to the use of 3D ultrasound for the diagnosis of uterine malformations, from US diagnosis of deep endometriosis to urogynecology.

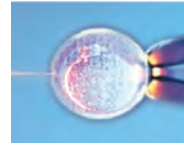
Chairmen: G. Damiani, R. La Torre

- 14.00** Evaluation of pelvic floor disorders *G. Perniola*
- 14.30** Tubal factor of infertility: what can the US evaluation say? *C. Exacoustos*
- 15.00** Uterine septum: which diagnostic technique *A. Giancotti*
- 15.30** Evaluation of the adnexal mass in the XXI century *A. Testa*
- 16.00** **Coffee break**  
Chairmen: R. D'Amelio, A. Giancotti
- 16.30** Preoperative US evaluation in endometrial cancer *F. Leone*
- 17.00** US in the diagnosis of deep endometriosis *C. Exacoustos*
- 17.30** Pelvic anatomy as seen by ultrasound *A. Testa*
- 18.00** Surgical complications: diagnosis by ultrasound *M. G. Piccioni*
- 18.30** How to implement your scan with the 3D software *F. Leone*
- 19.00** **Conclusions**





## Post-Congress Courses



### Reproductive medicine

This Course will cover all steps of the diagnosis and treatment of infertile couples. The information given will be evidence-based and will follow strictly current guidelines.

Chairmen: C. Aragona, R. Marana

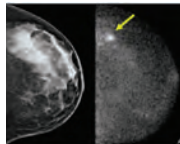
- 14.30** Evaluation of the female partner *D. Pietrangeli*
- 15.00** Evaluation of the male partner *V. Gentile*
- 15.30** PID and its consequences on infertility *L. Privitera*

#### **16.00 Coffee break**

Chairmen: F. Patacchiola, S. Schettini

- 16.30** Ovarian reserve: assessment and clinical significance *L. Gianaroli*
- 17.00** The “poor responder” patient *G. De Placido*
- 17.30** IVF and ICSI: indications, results *A. P. Ferraretti*
- 18.00** Fertility preservation: an update *R. Fabbri*

#### **18.30 Conclusions**



### Breast care

A full coverage of breast diseases will be proposed in this course. Epidemiology, screening, diagnosis, benign disease, breast cancer, management of breast cancer survivors will be discussed by the renowned faculty.

Chairmen: M. L. Framarino dei Malatesta, M. L. Meggiorini

- 14.30** Epidemiology and natural history of breast cancer *P. Sismondi*
- 15.00** Screening in low and high risk patients *A. Bonifacino*
- 15.30** Diagnostic methods compared: RX versus ultrasound *L. Ballesio*
- 16.00** Indications for MRI *F. Pediconi*



## 16.30 Coffee break

Chairman: G. Nicolanti

**17.00** Management of fibroadenoma and benign disease *P. Sismondi*

**17.30** Management of lobular and ductal in situ carcinoma *T. Susini*

**18.00** HRT in breast cancer survivors *N. Biglia*

**18.30** Management of BRCA 1-2 positive patients *M. G. Salerno*

**19.00** Problems in the management of patients with breast implants *N. Scuderi*

## 19.30 Conclusions



## Menopause

Join this course to get the ultimate news on postmenopause and the use of hormone replacement therapy and alternative treatments. Also, insights on physiopathology and sexuality in postmenopause will be provided.

Chairmen: R. Marci, G. Perrone

**14.30** Best practice in HRT *M. Gambacciani*

**15.00** Sexual aspects of quality of life *R. E. Nappi*

**15.30** Osteoporosis *A. M. Paoletti*

**16.00** Local therapy *R. E. Nappi*

## 16.30 Coffee break

Chairmen: P. Palazzetti, P. Saccucci

**17.00** Pelvic floor rehabilitation in postmenopause *M. A. Zullo*

**17.30** Premature ovarian failure *V. Bruni*

**18.00** Hormonal therapy and cancer *C. Marchetti*

**18.30** Prophylactic ovariectomy: yes or not *I. Palaia*

**19.00** Future directions in menopausal symptoms management *M. Gambacciani*

## 19.30 Conclusions







## Invited Speakers

R. Angioli, Roma  
C. Aragona, Roma  
S. Arbel-Alon, Israele  
G. Baiocchi, Perugia  
L. Ballesio, Roma  
C. Bastianelli, Roma  
P. Benedetti Panici, Roma  
C. Benedetto, Torino  
S. Bettocchi, Bari  
N. Biglia, Torino  
J. Bitzer, Switzerland  
T. Boni, Roma  
A. Bonifacio, Roma  
M. Bonito, Roma  
G. Bonoldi, Verona  
R. Brunelli, Roma  
V. Bruni, Firenze  
M. Busacca, Milano  
A. Cagnacci, Modena  
A. Calligaro, Pavia  
G. Capobianco, Sassari  
G. Carta, L'Aquila  
A. Caruso, Roma  
D. Caserta, Roma  
E. Cicinelli, Bari  
P. Ciolli, Roma  
B. Cinque, Roma  
N. Colacurci, Napoli  
F. Compagnoni, Roma  
R. Coroso, Roma  
S. Costa, Bologna  
R. D'Amelio, Roma  
G. Damiani, Roma  
C. De Carolis, Roma  
G. De Placido, Napoli  
F. De Seta, Trieste  
P. Devroey, Belgium  
R. Di Iorio, Roma  
A. Di Lieto, Napoli  
G. C. Di Renzo, Perugia  
P. F. Di Roberto, Roma  
A. Di Spiezio Sardo, Napoli  
J. Donnez, Belgium  
C. Exacoustos, Roma  
A. Fabbri, Roma  
R. Fabbri, Bologna  
M. Farris, Roma

A. P. Ferraretti, Bologna  
E. Ferrazzi, Milano  
M. L. Framarino  
dei Malatesta, Roma  
L. Frigerio, Bergamo  
F. Fruzzetti, Pisa  
F. Fusco, Napoli  
E. Galun, Israel  
M. Gambacciani, Pisa  
A. R. Genazzani, Pisa  
V. Gentile, Roma  
F. Ghezzi, Varese  
L. Gianaroli, Bologna  
A. Giancotti, Roma  
M. Giovannini, Roma  
F. Gotsch, Verona  
A. Graziottin, Milano  
P. Greco, Foggia  
S. Guaschino, Trieste  
M. Guida, Salerno  
A. Lanzone, Roma  
R. La Torre, Roma  
F. Leone, Milano  
M. Liberati, Chieti  
D. Lorusso, Milano  
F. Maneschi, Latina  
R. Marana, Roma  
C. Marchetti, Roma  
R. Marci, Ferrara  
G. B. Massi, Firenze  
M. L. Meggiorini, Roma  
L. Mettler, Germany  
M. Monti, Roma  
M. Moscarini, Roma  
L. Muzii, Roma  
R. E. Nappi, Pavia  
K. Nicolaiades, UK  
G. Nicolanti, Viterbo  
I. Palaia, Roma  
P. Palazzetti, Ostia  
A. M. Paoletti, Cagliari  
F. Patacchiola, L'Aquila  
S. Pecorelli, Brescia  
F. Pediconi, Roma  
A. Perino, Palermo  
G. Perniola, Roma  
G. Perrone, Roma  
F. Petraglia, Siena

E. Piccione, Roma  
M. G. Piccioni, Roma  
D. Pietrangeli, Roma  
M. G. Porpora, Roma  
F. M. Primiero, Roma  
L. Privitera, Milano  
D. Querleu, France  
G. Raimondo, Napoli  
F. Raspagliesi, Milano  
G. Rizzo, Roma  
N. Rizzo, Bologna  
P. Saccucci, Roma  
M. G. Salerno, Pisa  
S. Salvatore, Milano  
E. Sartori, Brescia  
L. Savelli, Bologna  
J. Schenker, Israel  
S. Schettini, Potenza  
J. J. Sciarra, USA  
P. Scollo, Catania  
V. Scotto di Palumbo, Roma  
N. Scuderi, Roma  
A. Shennan, UK  
M. Sideri, Milano  
P. Sismondi, Torino  
T. Susini, Firenze  
A. Testa, Roma  
A. E. Tozzi, Roma  
A. L. Tranquilli, Ancona  
R. Tripodi, Roma  
F. Zullo, Catanzaro  
M. A. Zullo, Roma  
E. Zupi, Siena

D. Cibula, Czech Republic  
P. Devroey, Belgium  
J. Donnez, Belgium  
M. Franchi, Italy  
M. Gambacciani, Italy  
U. Gembruch, Germany  
A. Genazzani, Italy  
S. Guaschino, Italy  
M. Kurtser, Russia  
D. Loutradis, Greece  
J. F. Magrina, USA  
C. Marth, Austria  
G. B. Massi, Italy  
G. Murat, Turkey  
L. Muzii, Italy  
R. Nappi, Italy  
K. Nicolaiades, UK  
S. Palacios, Spain  
P. Patrizio, USA  
A. Pellicer, Spain  
M. Pelosi, USA  
F. Petraglia, Italy  
F. Raspagliesi, Milano  
M. G. Salerno, Italy  
J. Prat, Spain  
D. Querleu, France  
E. Sartori, Italy  
J. Sehoui, Germany  
M. Sideri, Italy  
K. Tamussino, Germany  
C. G. Trope, Norway

## Local Scientific Committee

F. Bellati  
V. Di Donato  
P. F. Di Roberto  
L. Imperiale  
C. Marchetti  
I. Palaia  
G. Perniola  
R. Tripodi  
M. A. Zullo

## Honorary Presidents

G. Benagiano  
M. Moscarini





## Tours

### **Ancient City Tour** 35,00 € p.p. (tour duration 2.3 h)

Capitol, Church of Saint Peter in Chains, Colosseum, Palatine, Roman Forum, Tiber River, Capitoline Hill, Circus Maximus, Jewish Quarter, Piazza Venezia, Teatro Marcello

### **Borghese Gallery** 60,00 € p.p. (tour duration 3.0 h)

Antonio Tempesta, Borghese Gallery, David of Bernini, Gian Lorenzo Bernini, Tiziano, Apollo and Dafne of Bernini, Caravaggio, David with the head of Golia of Caravaggio, La Pietà of Rubens, Villa Borghese

### **Squares and Fountains** 35,00 € p.p. (tour duration 3.0 h)

Campo di Fiori, Piazza Navona, Pantheon, Spanish Steps

### **Vatican and St. Peter Tour** 60,00 € p.p. (tour duration 4.0 h)

Gallery of the maps, Michelangelo Buonarroti, Museum Pio Clementino, Sistine Chapel, St. Peters Basilica, Vatican, Grave of Pope John Paul II, Michelangelo Last Judgement, Pinecone courtyard, St Peter's Square, Tapestries Gallery

### **Tivoli** 72,00 € p.p. (tour duration 4.0 h)

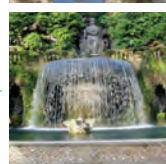
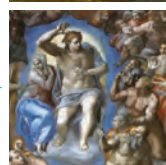
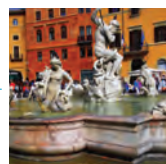
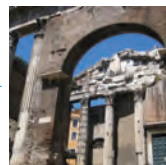
Baths of Tivoli, Tivoli, Villa Adriana, Villa D'Este

### **Assisi and Orvieto** 110,00 € p.p. (tour duration 11.0 h)

Orvieto, Tuscan Hills, Assisi, Church of Saint Claire, Saint Francis Birthplace, Townhall Square, Roman Temple of Minerva, Saint Francis Basilica, Church of Saint Mary of the Angels, Chapel of the Portiuncula

### **Naples and Pompei** 130,00 € p.p. (tour duration 11.0 h)

Abbey of Montecassino, Naples, Pompei





## Legend

- 1. Congress Secretariat
- 2. Internet Point
- 3. Buffet

## Exhibition Areas

- |                      |                        |
|----------------------|------------------------|
| 1. Deka              | 12. Oxfam              |
| 2. Avantgarde        | 13. Hologic            |
| 3. Pizeta Pharma     | 14. Mindray            |
| 4. Bayer             | 15. LJ Pharma          |
| 5. Sopro Comeg       | 16. Esaote             |
| 6. B. Braun          | 17. Istituto Ganassini |
| 7. Idi Pharma        | 18. Gedeon Richter     |
| 8. Takeda            | 19. Hulka              |
| 9. Johnson & Johnson | 20. Toshiba            |
| 10. Pierre Fabre     | 21. Dermasilk          |
| 11. Teva             | 22. Pfizer             |
|                      | 23. GE Healthcare      |

## Platinum sponsor



## Gold sponsor



## Silver sponsor



## Other sponsor



### Congress Venue

Angelicum Congress Center  
Pontificia Università San Tommaso d'Aquino  
Largo Angelicum 1, Roma



## Congress Venue

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Pontificia Università San Tommaso d'Aquino  
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## Organizing Secretariat

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## Information

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## Language and Translation

Official languages are English and Italian.  
In the Congress simultaneous translation will be provided.

